



NAIROBI INTERNATIONAL SCHOOL

ESPRESSO

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Where Tomorrow Begins

...MID TERM BREAK...

The first half of the term was for many of us students, fun packed! We have had many new students (and still counting!) and three new members of staff; Ms Nelly (Games and Languages), Ms Rasiya (Maths) and Ms Musyoki (Art), a few fundraising activities, sports and much more all in the past six weeks!

From the first day, there has been a conducive atmosphere around the school, everyone is in good spirits and the teachers are doing a good job of helping us strive to achieve our best in every aspect of life. As we broke up for midterm some candidates did not get much of a break as exams were already in session. We wish them good luck, but let us not forget, luck is when preparation meets chance.

PRIZE GIVING DAY

This year's Prize Giving Day was actually exceptional! Thanks to the organizer Ms Ombeta and the student organizing committee which was headed by Vanessa Charles and Robert Mullei who also doubled up as the hosts. The show began as soon as our Guest of Honor, the eloquent, P.L.O. Lumumba arrived. The curtains were lifted by the adorable Year 5's when they sang the National anthem and they were followed by an array of students showcasing their vast talents such as, rapping, dancing and singing. The students didn't disappoint, some of the most notable performers had to be, Valessa, Matthew (Taio), Nicole Omari, Brian Karani, Kibet



Prize Day 2010

"...FUNDRAISING
ACTIVITIES IN
WHICH WE HAVE
RAISED KSHS
254,000/=..."

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ON GIVING BACK TO THE COMMUNITY...



For the past 2 years NIS has been involved in giving back to the community in a big way with Kenya Community Centre for Learning (KCCL) being one of the beneficiaries. This institution which caters for children with learning disabilities is situated on Muhoya Road, past Muthangari Primary School, which is a stone's throw from NIS. In the past we have hosted KCCL for free swimming lessons and provided lunch for 3 of their students. This term our focus is on helping them raise funds for a new building by participating in a walk on 16th of October and we are also selling t- shirts for 500sh towards this worthy cause. We would like to encourage you all to lend a hand to the disadvantaged members of society by chipping in whichever way you can. Remember you haven't lived a day in your life if you don't touch someone else's life.

CATSI KENYA

For those of you who may not know, CATSI is an initiative launched by Nairobi International School in 2009 to raise cancer awareness. The initiative is still going on and so far we have had fundraising activities in which we have raised Kshs 254,000 toward the treatment of Mrs. Kibe who is undergoing treatment at Cancer Kenya. One of the activities was Mufti Day which was a fun day where people contributed in different ways to raise money. There is also Stella Wambani who is suffering from thoracic cancer and is being treated at the Referral Hospital. Therefore, there will be a fun day to raise 32,000 for her. There is also going to be a concert, ELANI, whereby, Kshs 50 from each ticket sold will be donated to CATSI. Charges will be 450 advance 500 at the gate. We would like express our utmost gratitude to all of you for your donations and special mention goes out to the following students for making generous contributions: Mathew Wakhungu, Aditya Prabhu, Steve Gichimu and Anne Ogede. Michealangelo also deserves recognition for the house that collected the most money.



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Kilele and Ramla Dean amongst others. It goes without saying that our Guest of Honor gave a speech so good, it left the audience speechless. He arrested our attention from the moment he stood on the stage. When the moment we had all been waiting for arrived, the recipients of the prizes reflected the hardest workers, with many students taking home as many as six awards. All in all, it was an inspiring night, from the amazing performances, words of wisdom and the work put into the decorations and organizing. We thank you for your contributions; your attendance was very much appreciated. To those of us who did not get any prizes, take heart, and work hard and you will be rewarded.

Article Done By Robert A Mullei.



ON MATTERS ENVIRONMENT

GREEN SOCIETY

Our school's aim for this term's house activities, is to make NIS a greener place. One of the ways we are trying to achieve this goal is by splitting the school onto four parts and allocating each house an area to beautify, make cleaner and greener. We also have the Green Society Club which is designing recycling bins to place around the school. It is our wish that the school will be more environment friendly and green by 2013. Let us hope the whole school will embrace this idea whole-heartedly.

HOUSE PERFORMANCE

In the first half of the term Raphael emerged as the best performing house with a total of 34 merits. Incidentally they also went ahead to win the Sports Day which was held on 15/10/2010. Leonardo came second with 33 merits albeit with a single demerit. Sports wise they clinched the "mwiko"! The third position went to Donatello with 28 merits and 2 demerits. They maintained this position during the Sports Day. Michelangelo finished a distant fourth with 19 merits and 3 demerits. They however came in 2nd on Sports Day so they should chin up!

Fay Woodward (Grade 13) earned 4 merits for her house, Raphael. This earns her the position of Student of the Month of September 2010.

Compiled by K Wangosho (House Coordinator)

EAMUN DIARIES

PART 1:

I must admit this year the competition to enter the club was pretty... fierce ... no offence to our very successful "Terry Howard group" of the previous year, the quality of speakers for a lack of a better phrase is "A little bit too much". I really don't know how I've managed to last this long surrounded by such brilliance.

So, having said that, congratulations to us (woo-hoo!!). Yes, we do have our 15 going for the conference in February and we have been informed of our countries. The members go as follows (in hierarchy): ambassadors; Douglas Oluoch, Fiji, Fay L. Woodward, Swaziland, and last but not least our Head boy Thendup Tsireng for Dominican

Republic. Delegates Matthew Wakhungu, Chesang, Dennis Odhiambo, Joan Karanja, Robert A. Mullei, Michael Gacheru & Ramone Wamae.

Junior chairs hopefuls (pray for us please), Mohammed Salim, Naisola Kimbui and myself. Congratulations are in order to Alyssa Akram and Mohammed Abbas for making it as Securitaries.

We do have a mock debate to prepare for 7th November, it is my belief we will be seen as a real threat this time round... well at least to other schools. So until then, countries work on your resolutions. To our advisors, thanks for supporting us so far!

Fiona Nyangoma 12 b

CAREERS (UNIVERSITY-FAIRS)

During the second week of school, Grade 13's attended the Annual UK University Fair held at Premier Academy. Some of the universities in attendance included; Manchester, Birmingham, King James, L.S.E, etc. Grade 13, have also had talks from various representations from Australia and Canada e.g. University of Sydney. This has enabled them to be exposed to the various universities and career requirements so as to make informed choice and look at various options available to them.

ALL MATTERS SPORTS.

At the tail end of the football season we'd wish our sporting results could have been better in our maiden appearance in the ISL league. Though the team did create an impact in the **7 aside tournaments at Rosslyn and ISK** demonstrating great skill and flair leaving demolished dreams in their wake, it was unfortunate that no silverware was attained. The league games where our U/17 and U/19 boys participated in were a seesaw and I believe the results could have been better. The U/19 losing to RVA 0-1 (check YouTube) and St Christophers 2-1 respectively, drawing 0-0 with Hillcrest and winning 3-1 against Nairobi Academy. Our U/17 team has had the same pot of mixed results after beating Hillcrest in their first game then went on to lose 3-0 against RVA. Anyway, **all is not lost**.

Although swimming has proven to be.....not very popular, (I suspect the water temperature), a handful of girls has **kept hope alive**. **Mary Kilele** blitzed her way to a gold and silver medal during the "A" NASA swim meet held at Aga Khan School. With her were, Nazhia Khan, Juhi Dawoodia, and Charlene Adede. Inarguably practice makes perfect and the girls are working on it.

The inaugural Sports day promises to be a day of fun and laughter. There has been some enthusiasm at the lower levels and I really would like to hope it's contagious.

I hate ending this communiqué with a sore point, however, P.E kits have been an issue. Please note, that the kit is GREY TSHIRT and BLACK SHORTS or BOTTOMS. It's also alarming to see that state of some of the "kits" the kids come to school with. For their safety and comfort, please ensure your son/daughter has proper kit after half term.

Have a healthy and energetic break, cheers.



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